



SENIORS' CENTRE WITHOUT WALLS

What is it?

A free telephone-based seniors' activity program.
Offering a variety of fun activities, discussion groups & more.



Who can participate?

Anyone age 50+.

Living in Windsor Essex.

All you need is a telephone, no computer or data required.

How can I participate?

On the day and time of a chosen program, you can use the Steps to Connect (below) to call yourself in.

If at any time you require assistance, simply dial *0 to talk to an operator.

Follow up registration is required.

STEPS TO CONNECT

- 1.) Dial: **1-866-279-1594**
- 2.) Enter the 6 digit PASSCODE follow by the pound key:

2 2 0 6 0 7 #

- 3.) Record your name and then press #

**Please call 519-254-1108 for more information
(leave a message if there is no answer)**



SCWW Code of Conduct

To ensure a safe and welcoming space, we ask participants, facilitators, and guest presenters to observe our code of conduct:

- To respect each other, use appropriate subject matters, and try not to interrupt others.
- To allow the facilitator and guest speaker to direct the group.
- To allow everyone to continue by not dominating the conversations.
- To help create an inclusive environment that honours people of all cultures, traditions, faiths, genders, sexual orientation, abilities, and life experiences.



LifeAfterFifty.ca | 519-254-1108



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**New
Horizons
for Seniors
Program**

Ontario



OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés

**WindsorEssex
Community
Foundation**