NEW MEMBERS SURVEY

Welcome to *Life After Fifty*!

Like all organizations, we collect some basic background information about our members for statistical and funding purposes. All information is confidential.

Please take a few minutes to complete this form, and return to our Membership Clerk or Reception.

**How Did You Find Out About Us?**
*Please check (✔️) all that apply.*

- [ ] From a current/past member
- [ ] From a friend/colleague
- [ ] From a family member
- [ ] Learned about LAF through local media (newspaper, radio, tv)
- [ ] Learned about LAF through social media (Facebook, Twitter, etc)
- [ ] Learned about LAF at a community event (eg health fair)
- [ ] Learned about LAF through promotional materials (eg. brochure, billboard, etc)
- [ ] Learned about LAF through our website or via the Internet
- [ ] Recommended by a community agency (who) ____________________
- [ ] Recommended by health care professional (doctor, health nurse, etc)
- [ ] Other ________________________________

**Which describes your annual household income bracket?**

<table>
<thead>
<tr>
<th>Single</th>
<th>Under $23,000</th>
<th>Over $23,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Couple/Family</td>
<td>Under $30,000</td>
<td>Over $30,000</td>
</tr>
</tbody>
</table>

**I joined *Life After Fifty* because I wanted to....**
*Please check (✔️) all that apply.*

- [ ] Remain independent
- [ ] Become or stay physically fit
- [ ] Have routine and structure
- [ ] Socialize with people
- [ ] Make friends
- [ ] Accomplish something worthwhile
- [ ] Help others
- [ ] Have responsibilities and status
- [ ] Develop new skills
- [ ] Keep my mind active
- [ ] Develop a healthy lifestyle
- [ ] Maintain or improve my health
- [ ] Maintain a positive attitude
- [ ] Increase my confidence
- [ ] Develop a better ability to handle stress
- [ ] Better manage my chronic disease (eg diabetes, arthritis, heart disease, osteoporosis) and health
- [ ] Function more effectively during my daily activities outside LAF (work, home, family)
- [ ] Become more involved in learning-related activities
- [ ] Lose some weight
- [ ] For personal growth
- [ ] Develop my creativity
Tell us about your interests and activities - this will help us with current and future planning.  
Please check (✔️) all that apply.

### Social/Group Activities
- Church/Religious
- Clubs or Organizations
- Current Events
- Group Discussions
- Parties/Seasonal
- Pets
- Restaurant
- Singles Club/Dances
- Shopping
- Team Sports
- Other ______

### Physical Activities
- 5 pin bowling
- Curling
- Dancing
- Darts
- Fitness/Exercise
- Golf/Miniature Golf
- Pickleball
- Pool/Aquafit
- Shuffleboard
- Swimming
- Tai Chi
- Walk/Run
- Wii Bowling
- Yoga
- Zumba
- Other ______

### Spectator Events
- Concerts
- Movies
- Plays
- Sporting Events
- Other ______

### Outdoor Activities
- Boating
- Bocce Ball
- Camping
- Cycling
- Fishing
- Gardening
- Hiking
- Picnics/BBQ
- Walking
- Water Sports
- Other ______________

### Solitary Activities
- Crossword Puzzles
- Computers
- Jigsaw Puzzles
- Music Listening
- Reading/Book Club
- Solitaire Games
- Watching Movies
- Watching Television
- Other ______

### Spectator Events
- Concerts
- Movies
- Plays
- Sporting Events
- Other ______

### Creative Activities
- Ceramics
- Creative Writing
- Cooking/Baking
- Creative Crafts
- Drama
- Drawing
- Jewelry Making
- Knitting/Crocheting
- Musical Instrument
- Painting
- Photography
- Quilting
- Scrapbooking
- Singing
- Sewing
- Woodworking
- Other __________

### Passive Games
- Board Games
- Bingo
- Bridge
- Educational Games
- Euchre
- Mah Jongg
- Pepper
- Trivia Games
- Other
- Other __________

Do you have any special hobbies or skills?  ____________________________

Do you volunteer in the community?  ☐ Yes  ☐ No

Would you like to volunteer for Life After Fifty?  ☐ Yes  ☐ No

If yes, please provide your first name and phone number, and our Volunteer Coordinator will contact you.
First Name: _____________________   Phone # ____________________

Do you participate in any of the following community activities?
- ☐ attend community events
- ☐ help organize community events
- ☐ involved in recreational activities (ie sports teams)
- ☐ involved in cultural activities (ie theatre, music, dance)
- ☐ volunteer for a charity
- ☐ other
- ☐ Other

THANK YOU FOR YOUR TIME. ENJOY YOUR NEW MEMBERSHIP AT LIFE AFTER FIFTY.