

NEW MEMBERS SURVEY



Welcome to **Life After Fifty!**

Like all organizations, we collect some basic background information about our members for statistical and funding purposes. All information is confidential.

Please take a few minutes to complete this form, and return to our Membership Clerk or Reception.

How Did You Find Out About Us?

Please check (✓) all that apply.

ADMIN PURPOSES ONLY:

Date Returned: _____

Date Processed: _____

- From a current/past member
- From a friend/colleague
- From a family member
- Learned about LAF through local media (newspaper, radio, tv)
- Learned about LAF through social media (Facebook, Twitter, etc)
- Learned about LAF at a community event (eg health fair)
- Learned about LAF through promotional materials (eg. brochure, billboard, etc)
- Learned about LAF through our website or via the Internet
- Recommended by a community agency (who) _____
- Recommended by health care professional (doctor, health nurse, etc)
- Other _____

Which describes your annual household income bracket?

- Single Under \$23,000 Over \$23,000
Couple/Family Under \$30,000 Over \$30,000

I joined Life After Fifty because I wanted to....

Please check (✓) all that apply.

- Remain independent
- Become or stay physically fit
- Have routine and structure
- Socialize with people
- Make friends
- Accomplish something worthwhile
- Help others
- Have responsibilities and status
- Develop new skills
- Keep my mind active
- Develop a healthy lifestyle
- Maintain a positive attitude
- Maintain or improve my health
- Increase my confidence
- Develop a better ability to handle stress
- Better manage my chronic disease (eg diabetes, arthritis, heart disease, osteoporosis) and health
- Function more effectively during my daily activities outside LAF (work, home, family)
- Become more involved in learning-related activities
- Lose some weight
- For personal growth
- Develop my creativity

Tell us about your interests and activities - this will help us with current and future planning.

Please check (✓) all that apply.

Social/Group Activities

- Church/Religious
- Clubs or Organizations
- Current Events
- Group Discussions
- Parties/Seasonal
- Pets
- Restaurant
- Singles Club/Dances
- Shopping
- Team Sports
- Other _____

Solitary Activities

- Crossword Puzzles
- Computers
- Jigsaw Puzzles
- Music Listening
- Reading/Book Club
- Solitaire Games
- Watching Movies
- Watching Television
- Other _____

Spectator Events

- Concerts
- Movies
- Plays
- Sporting Events
- Other _____

Physical Activities

- 5 pin bowling
- Curling
- Dancing
- Darts
- Fitness/Exercise
- Golf/Miniature Golf
- Pickleball
- Pool/Aquafit
- Shuffleboard
- Swimming
- Tai Chi
- Walk/Run
- Wii Bowling
- Yoga
- Zumba
- Other _____

Outdoor Activities

- Boating
- Bocce Ball
- Camping
- Cycling
- Fishing
- Gardening
- Hiking
- Picnics/BBQ
- Walking
- Water Sports
- Other _____

Creative Activities

- Ceramics
- Creative Writing
- Cooking/Baking
- Creative Crafts
- Drama
- Drawing
- Jewelry Making
- Knitting/Crocheting
- Musical Instrument
- Painting
- Photography
- Quilting
- Scrapbooking
- Singing
- Sewing
- Woodworking
- Other _____

Passive Games

- Board Games
- Bingo
- Bridge
- Educational Games
- Euchre
- Mah Jongg
- Pepper
- Trivia Games
- Other

Do you have any special hobbies or skills?

Do you volunteer in the community? Yes No

Would you like to volunteer for Life After Fifty? Yes No

If yes, please provide your first name and phone number, and our Volunteer Coordinator will contact you.

First Name: _____ Phone # _____

Do you participate in any of the following community activities?

- attend community events
 - help organize community events
 - involved in a local resident's committee
 - volunteer for a charity
 - help take care of a neighbour's property
 - involved in recreational activities (ie sports teams)
 - involved in cultural activities (ie theatre, music, dance)
 - Other
- _____

THANK YOU FOR YOUR TIME. ENJOY YOUR NEW MEMBERSHIP AT LIFE AFTER FIFTY.