

CONNECT, CHAT, AND LAF

FREE TELEPHONE PROGRAMS



AUGUST 2025

Seniors' Centre Without Walls



Mon	Tue	Wed	Thu	Fri
				1 The Good Companions
4 CIVIC holiday NO PROGRAMS	5 LAF Who Am I? August Birthdays 10:30 - 11:00am	6 The Good Companions	7 LAF Songs of Summer 10:30 - 11:00am	8 The Good Companions
11 The Good Companions	12 LAF Canadian Celebrity Quiz 10:30 - 11:00am	13 The Good Companions	14 LAF Words that Start with 'A' 10:30 - 11:00am	15 The Good Companions
18 The Good Companions	19 LAF Amusing Figures of Speech 10:30 - 11:00am	20 The Good Companions	21 LAF The Price is Right: Toys of the Decades 10:30 - 11:00am	22 The Good Companions
25 The Good Companions	26 LAF Solve the Riddle 10:30 - 11:00am	27 The Good Companions	28 LAF Chicken Soup for the Soul 10:30 - 11:00am	29 The Good Companions

Please call 519-254-1108 or visit www.lifeafterfifty.ca for more information. **Registration is required.**

LAF
Life After Fifty
Tues & Thurs:

STEPS TO CONNECT

- 1). At the scheduled time of the program, dial: 1-647-374-4685
- 2). Enter the Meeting ID: 812 6194 7898
- 3). You will be admitted to the call

The Good Companions
Mon, Wed & Fri:

STEPS TO CONNECT

- 1). At the scheduled time of the program, dial: 1-844-237-9847
- 2). You will be admitted to the call