

# CONNECT, CHAT, AND LAF

FREE TELEPHONE PROGRAMS



JULY 2025

Seniors' Centre Without Walls



Mon	Tue	Wed	Thu	Fri
	<b>1</b>  <b>NO PROGRAMS</b>	<b>2</b> 	<b>3</b>  <b>Chicken Soup for the Canadian Soul</b> 10:30 - 11:00am	<b>4</b> 
<b>7</b> 	<b>8</b>  <b>Canadian Words &amp; Expressions</b> 10:30 - 11:00am	<b>9</b> 	<b>10</b>  <b>Biographies: Roberta Bondar</b> 10:30 - 11:00am	<b>11</b> 
<b>14</b> 	<b>15</b>  <b>Canadian Rock Legends</b> 10:30 - 11:00am	<b>16</b> 	<b>17</b>  <b>Canadian Inventions</b> 10:30 - 11:00am	<b>18</b> 
<b>21</b> 	<b>22</b>  <b>Give Me 5</b> 10:30 - 11:00am	<b>23</b> 	<b>24</b>  <b>Christmas in July</b> 10:30 - 11:00am	<b>25</b> 
<b>28</b> 	<b>29</b>  <b>Word Rhyme Fun!</b> 10:30 - 11:00am	<b>30</b> 	<b>31</b>  <b>City Nickname Game</b> 10:30 - 11:00am	

Please call 519-254-1108 or visit [www.lifeafterfifty.ca](http://www.lifeafterfifty.ca) for more information. **Registration is required.**

  
**Tues & Thurs:**

**STEPS TO CONNECT** 

- 1). At the scheduled time of the program, dial: 1-647-374-4685
- 2). Enter the Meeting ID: 812 6194 7898
- 3). You will be admitted to the call

  
**Mon, Wed & Fri:**

**STEPS TO CONNECT** 

- 1). At the scheduled time of the program, dial: 1-844-237-9847
- 2). You will be admitted to the call