

CONNECT, CHAT, AND LAF

FREE TELEPHONE PROGRAMS



JULY 2025

Seniors' Centre Without Walls



Mon	Tue	Wed	Thu	Fri
	1  NO PROGRAMS	2 	3  Chicken Soup for the Canadian Soul 10:30 - 11:00am	4 
7 	8  Canadian Words & Expressions 10:30 - 11:00am	9 	10  Biographies: Roberta Bondar 10:30 - 11:00am	11 
14 	15  Canadian Rock Legends 10:30 - 11:00am	16 	17  Canadian Inventions 10:30 - 11:00am	18 
21 	22  Give Me 5 10:30 - 11:00am	23 	24  Christmas in July 10:30 - 11:00am	25 
28 	29  Word Rhyme Fun! 10:30 - 11:00am	30 	31  City Nickname Game 10:30 - 11:00am	

Please call 519-254-1108 or visit www.lifeafterfifty.ca for more information. **Registration is required.**


Tues & Thurs:

STEPS TO CONNECT 

- 1). At the scheduled time of the program, dial: 1-647-374-4685
- 2). Enter the Meeting ID: 840 0915 9275
- 3). You will be admitted to the call


Mon, Wed & Fri:

STEPS TO CONNECT 

- 1). At the scheduled time of the program, dial: 1-844-237-9847
- 2). You will be admitted to the call