

# **SENIORS' CENTRE WITHOUT WALLS**

#### What is it?

A free telephone-based seniors' activity program.

Offering a variety of fun activities, discussion groups & more.

#### <u>Who can participate?</u>

Anyone age 50+.

Living in Windsor Essex.

All you need is a telephone, no computer or data required.

### How can I participate?

On the day and time of a chosen program, you can use the Steps to Connect (below) to call yourself in.

If at any time you require assistance, simply dial \***o to talk to** 

#### an operator.

Follow up registration is required.

# **STEPS TO CONNECT**

1.) Dial: **1-866-279-1594** 

2.) Enter the 6 digit PASSCODE follow by the pound key:
2 2 0 6 0 7 #

3.) Record your name and then press #

Please call 519-254-1108 for more information

(leave a message if there is no answer)



## SCWW Code of Conduct

To ensure a safe and welcoming space, we ask participants, facilitators, and guest presenters to observe our code of conduct:

- To respect each other, use appropriate subject matters, and try not to interrupt others.
- To allow the facilitator and guest speaker to direct the group.
- To allow everyone to continue by not dominating the conversations.
- To help create an inclusive environment that honours people of all cultures, traditions, faiths, genders, sexual orientation, abilities, and life experiences.

LifeAfterFifty.ca 519-254-1108

Facebook.com/LAFWindsor 😏 @LAFWindsor







The Voice of Older Adult Centres La voix des centres pour aînés

# APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13 Easter Monday No Programs	<b>14</b> Categories 10:45- 11:15am	15 Good News Stories 2:15- 2:45pm	<b>16</b> Nature Talk 10:45-11:15am	<b>17</b> Trivia Time 2:15- 2:45pm
<b>20</b> Music Mondays 2:15- 2:45pm	<b>21</b> Good News Stories 10:45- 11:15am	<b>22</b> Chit Chat 2:15- 2:45pm	<b>23</b> Word Play 10:45- 11:15am	<b>24</b> Tall Tales 2:15- 2:45pm
<b>27</b> Music Mondays 10:45- 11:15am Fun Facts 2:15- 2:45pm	<b>28</b> Just Joking 10:45- 11:15am <b>Chat Chat</b> 2:15- 2:45pm	<b>29</b> Biographies 10:45-11:15am <b>Categories</b> 2:15-2:45pm	<b>30</b> Crafters Time 10:45- 11:15am Trivia Time 2:15- 2:45pm	Life After Fifty Life Well Has No Boundaries

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