

CONNECT, CHAT, AND LAF




FREE TELEPHONE PROGRAMS



FEBRUARY 2025

Seniors' Centre Without Walls



Mon	Tue	Wed	Thu	Fri
<p>3 Music Mondays: 70s Singalong 10:30 - 11:00am</p>	<p>4 Casual Tuesdays: Winter Reminiscing 10:30 - 11:00 am</p>	<p>5 Inluential Canadian Figures: Celine Dion 10:30 - 11:00 am</p>	<p>6 Just for Fun: It Happened in February 10:30 - 11:00 am</p>	<p>7  The Good Companions SCWW Calendar Presentation 10:45 - 11:15 am</p>
<p>10 Motivate me Monday: The Impact of Laughter on Well-Being 10:30 - 11:00am</p>	<p>11 Casual Tuesdays: Fashion Quiz 10:30 - 11:00 am</p>	<p>12 Mind Fitness: Sound of Music Triva! 10:30 - 11:00am</p>	<p>13 Biographies: Romantic Couples through the Ages 10:30 - 11:00am</p>	<p>14  The Good Companions Good News 10:45 - 11:45 am Radio Plays 12:45 - 1:15pm</p>
<p>17  NO PROGRAMS</p>	<p>18 Casual Tuesdays: Weather Wonders: The Most Memorable Weather Experiences 10:30 - 11:00 am</p>	<p>19 Mind Fitness: 3 Clues! 10:30 - 11:00am</p>	<p>20 Tidbits of History: Harlem Globetrotters 10:30 - 11:00am</p>	<p>21  The Good Companions Biographies 10:45 - 11:15 am Name That Tune 12:45 - 1:15pm</p>
<p>24 Music Mondays: Oscar Peterson: Jazz Legend 10:30 - 11:00 am</p>	<p>25 Just for Fun: Short Stories & Jokes 10:30 - 11:00 am</p>	<p>26 Mind Fitness: February Birthdays 10:30 - 11:00 am</p>	<p>27 Just for Fun: Quirky Canada 10:30 - 11:00am</p>	<p>28  The Good Companions Remember When 10:45 - 11:15 am Music Requests 12:45 - 1:45pm</p>

Please call 519-254-1108 or visit www.lifeafterfifty.ca for more information. **Registration is required.**



Mon - Thurs:

STEPS TO CONNECT 

- 1). At the scheduled time of the program, dial: 1-647-374-4685
- 2). Enter the Meeting ID: 840 0915 9275
- 3). You will be admitted to the call



Fridays*:

STEPS TO CONNECT 

- 1). At the scheduled time of the program, dial: 1-844-237-9847
- 2). You will be admitted to the call